



You can access our live chat service every day during three dedicated timeslots:

10am – 12pm,

2pm – 4pm and 8pm – 10pm

Access from our website home page



How to refer for support:

Our countywide service is available to anyone who is affected by domestic abuse in Lancashire.

Referring to DASSL services is easy. You can contact us directly or ask someone who is supporting you to get in touch on your behalf.

You can call us on our dedicated phone number or find your local service using the interactive map on our website.

Call: 0300 3033 581

Email: contact@DASSL.org.uk

Visit: www.DASSL.org.uk

Safety planning

Whatever your circumstances, a safety plan can help keep you safe in an abusive situation.

- **Speak to people you can trust about what is happening**
- **Always call 999 if you are in danger or feel frightened**
- **Keep your phone charged and on your person at all times**
- **Record incidents, assaults & threats and log texts & calls**
- **If you are planning to leave, we can help. Keep our number in a safe place.**
- **If it's safe to do so, discuss safety with your child(ren)**



DASSL
Domestic Abuse Support
Services Lancashire



What we do

We support victim-survivors of domestic abuse via community based support and safe accommodation. Our services are designed to help people overcome the traumatic impacts of domestic abuse.

We support everyone regardless of age, gender, ethnicity, sexuality or faith.



How we can support you

- Access to safe 24hr emergency accommodation
- Safety planning
- Support services for children & young people
- Complex needs safe accommodation
- Community outreach support
- Group work programmes
- Men's support & accommodation services
- Language support
- Support for trans and non binary victim-survivors
- Referrals to other agencies & specialist services

Ways we can support

You will receive confidential support from specialist Domestic Abuse practitioners in the safest way for you. We offer:

- Face-to-face support
- 24hr dedicated phone line
- Email support on Monday to Friday 9am to 5pm
- Group work (call for times)
- Virtual support arranged by our team

In an emergency call



Tailored support

We listen and support your choices, working with you to create a support plan specific to your needs.

We are here for you - we listen and believe you. We will go at your pace.

Funded by:

